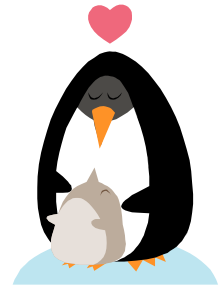


FEBRUARY 2016

KIDS' CLUB

News from the Director



February 2016 Calendar

- 3 $\frac{3}{4}$ Day for all public schools.
- 10 $\frac{3}{4}$ Day for all public schools.
- 15 KIDS' CLUB is closed for PRESIDENTS' DAY.
- 16-19 February Vacation Week
- 24 $\frac{3}{4}$ Day for all public schools.

March 2016 Calendar

- 2 $\frac{3}{4}$ Day all schools. Snack is provided at 3:00 PM on $\frac{3}{4}$ Days.
- 9 $\frac{3}{4}$ Day all schools. Snack is provided at 3:00 PM on $\frac{3}{4}$ Days.
- 11 No School Teacher Professional Day-KIDS' CLUB is open 7a.m.-6p.m.
Separate registration is required for this day. Morning and afternoon
snacks are provided. Bring lunch and beverage.
- 16 $\frac{3}{4}$ Day all schools. Snack is provided at 3:00 PM on $\frac{3}{4}$ Days.
- 23 $\frac{3}{4}$ Day all schools. Snack is provided at 3:00 PM on $\frac{3}{4}$ Days.
- 26 Drop-In sign-up for April opens at 1:00 PM today. Schedule changes
for April are due today. Payments for April are due by April 1st.

NO-SCHOOL TEACHER PROFESSIONAL DAY AND FEBRUARY VACATION WEEK REMINDER

A reminder to all families to register their children as soon as possible for the February Vacation Week (Tuesday-Friday, February 16-19) & the No School Teacher Professional Day (Friday, March 11).

2016-2017 SCHOOL YEAR AND SUMMER FUN REGISTRATION
FORMS WILL BE AVAILABLE ON OUR WEBSITE AND IN HARD COPY
AT KIDS' CLUB BEGINNING ON MARCH 15, 2016.

FEBRUARY VACATION CARE - ACTIVITY PLANS

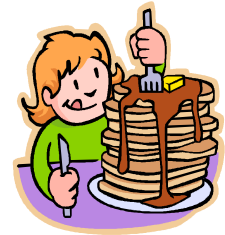
Registration is open and limited for February Vacation Week care.

MONDAY - KIDS' CLUB IS CLOSED FOR PRESIDENT'S DAY



TUESDAY - IT IS LUAU DAY AT KIDS' CLUB! SO COME
DRESSED AS A TOURIST OR AN ISLAND NATIVE TO
PARTICIPATE IN THE "LIMBO" DANCE AND PEEL APART
A PINEAPPLE TO CREATE A JUICY TREAT!

WEDNESDAY - TODAY IS PAJAMAS AND
PANCAKES DAY! ROLL OUT OF BED AND COME
TO KIDS' CLUB IN YOUR PAJAMAS TO JOIN US FOR A
SCRUMPTIOUS PANCAKE BREAKFAST! COMPETE IN
OUR "AIR HOCKEY COMPETITION" AND CATCH A "G"
RATED MOVIE, "BEVERLY HILLS CHIHUAHUA"!



THURSDAY - IT IS CARNIVAL DAY! WE'LL BE FACE
PAINTING, RING TOSSING, AND WORKING OUT LIKE
THE CARNIVAL STRONG MAN! WE'LL BE CREATING
CANDY APPLES AND SNOW CONES! TRY YOUR HAND
AT MAKING BALLOON ANIMALS AND JUGGLING!

FRIDAY - TODAY IS FIESTA FRIDAY! JOIN US FOR A LITTLE
HEALTHY COMPETITION AS WE DODGE TUMBLEWEEDS
AND CACTI IN A CROSS-COUNTRY OBSTACLE COURSE,
AND PREPARE SOUTH OF THE BORDER TREATS! TODAY
WE WILL SHOW THE MOVIE "RIO", RATED "G".



A WORD ON CHILD NUTRITION

Here at KIDS' CLUB it warms our hearts to see the children spending their days socializing, home-working, sporting, and gaming. Most days the children only have a few, short, afternoon hours at KIDS' CLUB.

However, during their longer stays at KIDS' CLUB, when the children are with us for many hours of busying activities, we find the well-rounded, nutritious lunches that parents send along are key in supporting the emotional and energetic needs of the children. What a child eats truly impacts the success of his/her day.



In support of healthy families, KIDS' CLUB will always offer several substantial breakfast items each morning at drop-off time. Also offered daily are at least two low-fat, low-sugar, healthy snacks like baked chips, fresh fruit, yogurt, or snack bars. For lunches, our experience has shown us that a child who has been included in the choice making when their lunch is being packed is more likely to eat what is sent in their lunch box. We recommend items such as high-protein sandwiches (including meat, cheeses, or peanut butter), or tuna fish, hard-boiled eggs, etc. as these items **compliment** those already offered at KIDS' CLUB and are essential in a child's diet.

MASSACHUSETTS DEPARTMENT OF EARLY EDUCATION AND CARE (EEC) CHILD EVALUATION REQUIREMENTS

As required by EEC regulations, KIDS' CLUB will once again provide parents with a Child Evaluation for each of their children attending our program. Families can expect these evaluations to be distributed at pick up time during the month of February.

KIDS' CLUB SUPPORTS THE BEDFORD FOOD PANTRY

The Bedford Food Pantry is currently looking for donations of soap, toothbrushes, and shampoo. There is also a need for **canned** meat and fish (ham and tuna, etc.) in particular. Your donations can be dropped off at KIDS' CLUB and our 3-5 students will transport them to the Bedford Food Pantry. Thank you for assisting the children in their community project!

STREP-THROAT SEASON IS UPON US

If your child is diagnosed with strep-throat please inform KIDS' CLUB as soon as possible by phone or e-mail. We will, in turn, post the information at our front desk (without revealing your family name) for all KIDS' CLUB families. This practice helps in minimizing the further spread of illness. Thank you!